



Panhandle Health District

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Panhandle Health District

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Growing Success: Nurse-Family Partnership Program expanding to help more first-time mothers

HAYDEN, ID – Panhandle Health District (PHD) announced today that it will be expanding the Nurse-Family Partnership (NFP) program to serve more vulnerable, first-time mothers and their children in northern Idaho. Nurse-Family Partnership is an evidence-based program that pairs low-income, first-time mothers with a Registered Nurse who empowers them to become confident parents and strong, self-sufficient women in our community. The nurses visit the mothers at home, starting from pregnancy up until the child's second birthday.

As a result of local success and demand, [PHD's program](#) has been named an independent implementation site for Nurse-Family Partnership. This distinction provides increased funding, nurses and potential clients served in the area.

“Nurse-Family partnership has been overwhelmingly successful during our first few years in North Idaho, but we have a wait list of nearly two dozen women wanting to enroll.” said Lisa Hylsky, NFP Nursing Supervisor at PHD. “As an independent site, we can reach all of these mothers and up to 100 at any given time.”

NFP has been rigorously tested and studied. Results show that when brought to scale, the program can achieve significant reductions in pre-term births, infant deaths, second teen births, child maltreatment, crimes and arrests and youth drug use. Not only do these benefits affect the individual families, but the community as a whole by lowering demand on social services and the justice system, saving tax payer dollars. Economic analyses performed by the Washington State Institute for Public Policy, the Brookings Institute and

the Rand Corporation determined that home visiting programs can provide a return on investment for taxpayers of \$2.37 to \$5.70 per \$1 invested in the program.

Hylsky continued, “The results we have seen locally are invaluable – the trusted relationships between the mothers and these nurses instill a level of confidence that will guide them and their children to successful futures and successful generations to come.”

Panhandle Health District will be looking for Registered Nurses interested in joining their Nurse-Family Partnership team in the coming weeks. If interested, continually check the [job opportunities page](#) on PHD’s website.

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