



# North Idaho

# Medical Support Reserve Corps

**Vision:** We will have a robust corps of members trained to support response efforts in the event of a public health emergency or community public health need.

**Mission:** We will **RECRUIT** and **TRAIN** community members from all walks of life, including healthcare professionals, in order to **RESPOND** efficiently and be prepared to function in a public health or other emergency, and **SUSTAIN** the interest and commitment of the membership.

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### Medical Support Reserve Corps of North Idaho Leadership Team

#### Benewah County Coordinator

Susie Howard, 208-568-1801

#### Bonner County Coordinators

Brenda Bramwell, 425-785-3275

Anna Reed, 208-255-6535

#### Boundary County Coordinators

Winona Anderson, 208-920-0113

Donna Kent, 208-267-2529

***Special thanks to Donna for over four years of service as a Boundary County Coordinator. Donna will retire effective August 31. We will miss her knowledge of the Bonners Ferry community and people and wish her all the best!***

#### Kootenai County Coordinators

Tami Martin, 208-773-0714

Tina Piaskowski, 208-819-5342

#### Shoshone County Coordinator

Pat Sporleder, 208-755-1426

**Nick Mechikoff (208-415-5187, [nmechikoff@phd1.idaho.gov](mailto:nmechikoff@phd1.idaho.gov)) or Janine Wilson (208-415-5238, [jwilson@phd1.idaho.gov](mailto:jwilson@phd1.idaho.gov)) can field your questions about the MRC.**

### A Special Message

From the Unit Coordinator:

*So, Here's The Deal...*



I was in the process of transferring my wealth of knowledge, years of experience, and innumerable anecdotes of my time spent with all y' all to my co-worker Mark Feddersen, who I mentioned in the last edition would be taking over as MRC Unit Coordinator, when he up and announces he has a new job! What??? Mark had been in our Public Health Preparedness office since November 2015, after retiring from 25 years as a Lieutenant with the Tacoma Police Department. He had integrated very well into the "preparedness arena" and I know he would have been a great coordinator for you. But, his new position will make better use of his knowledge, skills, and abilities. He is working for the Idaho Division of Building Safety as a School Safety Analyst. This is a new position in Idaho, in which he will be working with K-14 schools to assess areas of vulnerability and recommend improvements. So his years of experience working with law enforcement will come into play as he works to shore up the safety and security of schools in Idaho. We were lucky to have Mark with us for the 8 months he was here, and we all wish him well in this new opportunity. So I'm writing this newsletter, although I am still leaving on July 28 ☺

*Best Wishes, Judith*

### *You're the Best!*

In June and July, you came to trainings and events and volunteered **300 hours** of your time to prepare yourself to serve or to help your community be more resilient.

I appreciate that you always give so generously of your time to assist your fellow citizens. This is one reason we were put here on earth – to help make it a better place for everyone! ~ *Thank You!*



## Training & Event Calendar

To sign up for any of these, call your County Coordinator (see page 1) or 208-415-5185 or email [mrc@phd1.idaho.gov](mailto:mrc@phd1.idaho.gov).

- ✓ **Thursday, July 28:** Retirement day for Judith. *Farewell, my friends! A piece of my heart will remain in North Idaho with the Medical Support Reserve Corps... ♥*
- ✓ **Thursday-Saturday, August 18-20:** Boundary County Fair, Bonners Ferry. You'll be playing the kid's Bug Out Bag game, sharing preparedness brochures, and recruiting for the MRC, as well as offering blood pressure screenings. Please call Donna (267-2529) or Winona (304-6776) to secure your time on the schedule. Booth will be staffed Friday from Noon to 6 pm and Saturday from 10 am-6 pm.
- ✓ **Saturday, August 20:** Kootenai County Farmers Market, 9 am – 1:30 pm, corner of Highway 95 and Prairie Avenue, Coeur d'Alene. Call Tami (773-0714) or Tina (819-5342) if you'd like to help with blood pressure screenings, handing out preparedness brochures, and recruiting new members.



- ✓ **September 16-20: Quarterly Call-Out Drill:** Please be sure to respond to the email that is ONLY A TEST and will ask you to click on the "yes" or "no" button.
- ✓ **Saturday, September 17:** Shoshone Medical Center Kid's Fair, 10 am – 1 pm. This one is all about the kids and we'll have our Bug Out Bag Game, and "fabulous" prizes. Contact Pat (755-1426) if you'd like to take part in this fun event!
- ✓ **Silver Valley Day of Hope:** Saturday, October 1, 9 am – 2 pm, at Sunnyside School, Kellogg. All are welcome to volunteer for this event, same format as the Day of Hope that was held in Kootenai County the last two years. There are medical jobs that need filling and just volunteers in general. Call Pat (755-1426) if you'd like to be a medical volunteer (MD, PA, APRN, RN, LPN, C.N.A., Dentist) and if you want to be a volunteer in another area, contact [silvervalleydayofhope@hotmail.com](mailto:silvervalleydayofhope@hotmail.com).

**Please keep in mind that you may be contacted by your County Coordinators to help staff some of these events. Your County Coordinators are listed on page 1 and will be working with Nick and Janine to keep the MSRC of North Idaho functioning as the vital, active unit it has always been. Thank you for your continued generosity in volunteering your time!**

***Trainings are on hold until a Unit Coordinator is in place.***

**Call Before You Drive!** All changes to class schedule are announced on our phone line 208-415-5185. **BE SURE** to call or email to register if you plan to attend. **If there aren't 5 registrations, I have to cancel.**  
*Thank you for your continued dedication to training and participating in our unit's events!*

## Upcoming Events

### Silver Valley Day of Hope

**The Silver Valley Day of Hope** is sponsored by local businesses, community groups, churches, healthcare facilities, and other organizations. It is based on the same format as the North Idaho Day of Hope that we helped with the last two years. It will be October 1 at Sunnyside School in Kellogg, from 9 am-2 pm.

**Services are free** to everyone and include Groceries, Kids' Zone, Shoes, Haircuts, Health and Dental Screenings, Lunch, Job & Career Services, Family Portraits, Live Entertainment, Community Services, and local churches for ongoing support. *All who come to the Day of Hope will be our Guests of Honor.*

**Hundreds of volunteers** are needed. If you would like to help, please email [silvervalleydayofhope@hotmail.com](mailto:silvervalleydayofhope@hotmail.com) at your earliest convenience. If you would like to use your medical skills (MD, PA, APRN, RN, LPN, C.N.A., Dentist), **be sure to put SVDOH Health Services** in the subject line and your email will be sent to the Health Services Team Leader. To volunteer in any of the other areas, use the same email address and put **SVDOH Volunteer** in the subject line.

**Pat Sporleder** is the MRC Lead at the event, to complete MRC registration with you, *but she is not signing up volunteers* – please send your email as noted above if you would like to be a part of this fulfilling event. AND, invite your friends – you don't have to be in the MRC to volunteer for this event.

**HOPE  
TAKES  
TEAM  
WORK**

**Plan Now to  
Volunteer**

**Saturday, Oct. 1**

### Get Involved with a Team!

**County Coordinator Team:** Helps ensure effective and pertinent training and volunteer leadership is in place. Assist at public health events, trainings, and exercises; provide trainings as you are able.

**Management Team:** Provides managers for a Point of Dispensing clinic, Point of Vaccination clinic, or Medical Needs Shelter. The MSRC volunteers are in the Panhandle Health Response Plan as the third line managers for these positions.

**Resilience & Emotional Support Team (REST):** Helps ensure a more-than-adequate mental health response capability exists during disasters or public health emergencies.

**Hospital Emergency Response Team (HERT):** Provides basic first aid, Psychological First Aid, and patient advocacy for victims of a mass casualty event while they wait for treatment in the hospital emergency room. You do not need to be a licensed medical provider to be on this team.

**MSRC/ARC Task Force (Shelter Support Team):** Assists in a Red Cross shelter, or public health Medical Needs Shelter as needed. A vital part of our community response.

**Volunteer Reception Center Team:** Will greet and process spontaneous volunteers who are motivated to help in a disaster. A great opportunity for non-medical MSRC members who have administrative skills and experience, or would like to learn.

## Online Trainings Available

**Psychological First Aid (PFA) Course.** PFA online is a 6-hour interactive course that puts you in the role of a provider in a post-disaster scene. This course is for individuals new to disaster response as well as for seasoned practitioners who want a review. Free CE credits are available. The PFA course is located at this link:

<http://learn.nctsn.org/enrol/index.php?id=38>.

**OR**

### **Psychological First Aid in a Radiation Disaster**

PFA in a Radiation Disaster is applicable to any event and provides a basic PFA training. To access, go to:

[http://www2a.cdc.gov/TCEonline/registration/detailpage.asp?res\\_id=2490](http://www2a.cdc.gov/TCEonline/registration/detailpage.asp?res_id=2490)

This class takes about 2 hours and provides a good introduction to PFA.

**Please email your certificate when you have completed a course. [mrc@phd1.idaho.gov](mailto:mrc@phd1.idaho.gov)**

### **NIMS\* Trainings Online \*National Incident Management System**

Incident Command is the management system used in all emergency responses. Start with these classes:

National Incident Management System-An Introduction

<http://training.fema.gov/emiweb/is/is700a.asp>

Introduction to Incident Command System

<http://training.fema.gov/emiweb/is/is100b.asp>

Thank you for your commitment to training with the MSRC! Call with any questions! 208-415-5185

**Please email your certificate when you have completed a course. [mrc@phd1.idaho.gov](mailto:mrc@phd1.idaho.gov)**

### **MSRC North Idaho Basic Training Plan**

**Our volunteers should attend these trainings, either in the classroom, or online (in any order):**

- (1) New Member Orientation (classroom only) REQUIRED for all members within 6 months of registration
- (2) Psychological First Aid online – see above
- (3) IS-700a and IS-100b online – see above

**These classes (current licensed healthcare provider excepted) required for people working in the field:**

- (5) First Aid/CPR/AED (classroom)
- (6) Blood Borne Pathogens & Personal Protective Equipment (BBP/PPE) (classroom)

**Scheduled classes will be listed in the newsletter. Stay tuned for upcoming training schedules.**

*Please know that in an emergency, if you haven't taken all of the trainings, you may still be eligible to deploy; you will receive the training you need in your event orientation.*

### **MSRC Message Phone - 208-415-5185**

The MSRC message phone includes information about MSRC activities.

**PLEASE call the line before reporting to any event or class in case we have to cancel.**

**Call before you drive!**

**MSRC of North Idaho**

**Panhandle Health District, 8500 N. Atlas Rd.,  
Hayden, ID 83835**

**Please note: We no longer have PO Box 3284; use the above address for correspondence.**

[mrc@phd1.idaho.gov](mailto:mrc@phd1.idaho.gov)

<http://panhandlehealthdistrict.org/phd-preparedness/medical-reserve-corps>

### **Please! Update Your Profile!**

If your MSRC membership profile at [www.volunteeridaho.org](http://www.volunteeridaho.org) is incomplete, we're missing essential information that can limit your ability to respond to an emergency. Please login and update your information, or call, or email.

- Update your own record at [www.volunteeridaho.org](http://www.volunteeridaho.org)
- Call us at 208-415-5185
- Email your current/new data (phone, cell phone, email address) to [mrc@phd1.idaho.gov](mailto:mrc@phd1.idaho.gov)

**You all have an account in Volunteer Idaho. Please call if you need your user name or password.**