REGION I
Behavioral Health Board

January 3, 2018 2:00-4:00 PM

Kootenai Health– Tamarack
Coeur d’Alene, Idaho

ATTENDANCE:
☒ Amy Fine ☒ Greg Willey ☒ Joy Fryman
☒ Angela Reynolds ☐ Holly Bonwell – exc. ☒ Marilyn Miller
☒ Claudia Miewald ☒ Katie Schmeer ☒ Jennifer Ugolini (AA)
☒ Daryl Wheeler ☒ Leanne Rousseau ☒ Ron Beecher
☒ Debbie Nadeau ☒ Linda Johann ☒ Tanya Braskich
☒ Gini Woodward ☒ Lori Duncan ☐
☒ Glen Bailey ☒ Lynn Thompson ☐

GUESTS:
Don Duffy PHD Nancy Irving BPA
Leah Moeller DHW Mike Wraith DHW Behavioral Health Region 1
Carol Johnson NW Hospital Alliance Melanie Fowlers National Guard
Clark Richman Trinity Housing

MINUTES:

Call to Order
- Ron Beecher – Chair
- Roll Call – Jennifer Ugolini
- Introduction of Guests

Consent Agenda
- November 8, 2017 Minutes
- Financials
  - 1st: Daryl Wheeler
  - 2nd: Linda Johann
  - Motion Passed

DHW Updates
- Legislative session starts on Jan 8th, with rules review the week after
  - Behavioral Health has minor change to allow peer services providers to access our behavioral health background check/clearance waiver
    - When rules changed for background waivers made it so they (peer services providers) did not fall under the waiver and will now allow it to happen
  - Many things with YES going on
  - SUD budget is overspent this year and moratoriums placed on referrals for several populations and there is now a wait list
  - Felony Parole and Probation to provide mental services is currently being worked on and est. date of arrival to rest of state of March 2018
- Working to have with Community Health Centers
  - Hart Homes showing progression to help with people coming out of State Hospital North and South
- Speaking to Harmony house in Northern Idaho

**Presentation**

- Leah Moeller – YES
  - Is an entire system change
  - Access model
    - For Kids who have Insurance or no insurance and needing coverage
    - Will go to independent accessor, Liberty, or refer to CMH
    - Get a CANS 50, which is a needs assessment and the primary questions to assess for functional impairment – rate of 0-3
      - This will determine who is a class member
      - Will determine the strengths and the needs of the family
      - 1-3 with 1 who needs lower level
      - 2-3 will need multiple services
      - High 3 would need more resources and such for care
      - 1-3 will get two referrals
        - 1 to Medicaid to determine if they qualify under the new Medicaid rules
        - 2 to CMH to get a personal centered plan
      - If have Medicaid and want the services they will go to the independent accessor but if do not want to access they are not required to
    - OPTUM will provide training to their providers
      - Plan will be to expand OPTUM services
- Melanie Fowlers & Teriann Parker – ART Training
  - Melanie is the only Behavioral Health person for the National Guard in the state of Idaho
  - Found to be effective in 5 sessions in reducing trauma
  - Cost is $1,500 per person to be trained
  - Working to bring people to Idaho for the training vs. sending individuals to FL to be trained
  - Region 7 & 6 have given funding
  - Feb 1-3rd is training, may move to two separate trainings
    - Would need funds and money asap for Feb training
  - 880 + 500 + 25 certificate fee
  - May be able to do 1-2 more trainings to see if could do one more training up north

**Budget & Grants**

- Kootenai Recovery Center
- Veterans Sub-Committee
- Boundary County Commissioners
- CDA School District
- CMH Sub-Committee
- CIT
- PHD – CHA
- **Trinity Homes**
  - Review to see if we could do some matching funds
    - Agree will fund to an amount of $6000
    - Motion to allocate
    - 1<sup>st</sup> Dr. R
    - 2<sup>nd</sup> Angela Reynolds

- **ART Training**
  - Need to determine who would be able to go and that would be able to utilize it
  - Will send back to let know we will be interested in the future training if they come up north so we would have the time to find a clinician in the area for training

- **No further discussion or comments on budgeting**
- **Will go do the next Executive Committee meeting for approval**

### Topics to need to look going forward

- **Current lack of providers**
  - Discussion of lack of providers
  - Est of 10% of our needs are met currently
  - Needing more training in primary care and primary care physicians
  - Need telehealth

- **Suicide prevention committee**
  - Joy Fryman will attend meetings to move forward with the SPAN
    - Jennifer Ugolini will have Jill Ainsworth add to her the invites

- **Opioid Crisis**
  - Looking for statistics specific to Idaho regarding opioid deaths and overdoses

### Sub-Committee Reports

- **Children’s Mental Health**
  - Review of the TBRI training for the board would be beneficial

- **Legislation**
  - Dual waiver of who may cover people with several medical issues
  - Jennifer Ugolini will email out the information regarding the waivers to the board

- **Recovery Center**
  - Had 800 check ins for the month of December
  - Average of 35 people per day
  - Currently needing staff
  - Influx of homeless
  - May 18<sup>th</sup> will have a fundraiser
  - Looking for board members

- **Veterans**
  - Still working to set up the Veterans Mental Health Court

- **Data/Education outreach**

- **Housing**
  - Collaboration with St. Vinny’s
  - Working on funding for Homeless

- **Crisis Center**
  - High usage currently
  - Did receive a contract for the next two years for funding

- **Suicide Prevention Committee**
  - QPR training
  - Frst public training in Feb to Community Coalition in Families

- **CIT**
  - Kootenai completed with 27 officers in November
  - Looking to expand the CIT in Kootenai County

### Other

- Reminder of the open application to the board
Applications for Mindy Leager and Robin Hetzler
Provider from the Tribe would be good

Motion to Adjourn
1st: Joy Fryman
2nd: Linda Johann
Motion passed

Next Meeting: February 7, 2018 2-4 PM – Kootenai Health Classroom 2

MISSION & VISION

“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”

“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”