## Region I
### Behavioral Health Board

**February 7, 2018 2:00-4:00 PM**

Kootenai Health – Classroom 2  
Coeur d’Alene, Idaho

### Attendance:
- ☒ Amy Fine
- ☒ Angela Reynolds
- ☒ Carisa McAlister
- ☒ Claudia Miewald
- ☐ Daryl Wheeler – exc.
- ☒ Debbie Nadeau
- ☒ Gini Woodward
- ☐ Glen Bailey – exc.
- ☒ Greg Willey
- ☒ Holly Bonwell
- ☒ Katie Schmeir – exc.
- ☐ Leanne Rousseau
- ☒ Linda Johann
- ☐ Lynn Thompson
- ☒ Joy Fryman
- ☒ Michele Basile
- ☒ Marilyn Miller
- ☒ Jennifer Ugolini (AA)
- ☐ Ron Beecher
- ☐ Tanya Braskich - exc.
- ☐ Marilyn Miller – exc.
- ☐ Tanya Braskich

### Guests:
- Nancy Irving (BPA)
- Amy Hurtle (PHD)
- Jodi Olsen (OPTUM)
- Michelle Bishop (OPTUM)
- Karen Cup (OPTUM)
- Clark Richman (Trinity Homes)
- Todd Hurt (State Hospital North)
- Amy West (Child Protection Services)
- Melinda Leager

### Minutes:

**Call to Order**
- Ron Beecher – Chair
- Roll Call – Jennifer Ugolini
- Introduction of Guests

**Consent Agenda**
- January 3, 2018 Minutes
- Financials
  - 1st: Linda Johann
  - 2nd: Angela Reynolds
  - Motion Passed

**DHW Updates**
- YES services updated
- Review of Legislation agenda
  - Crystal Campbell to forward information to the board regarding the Regional Behavioral Health Services Act
    - Would like the bill numbers and the bill tracker
    - Budget Requests are all approved
  - Prevention slot to be for substance abuse or if would be in general?
    - Believe it will be up to the board
- HART Homes
  - Harmony House in NI
- Mental Health Awareness Month
  - Asking for two nominations
Nomination for Clark Richman due to the work he does for the mental health community and a wonderful health advocate and we should recognize that

- Jennifer Ugolini will email out the information again and ask for nominations
  - Nominations to Jennifer Ugolini by Feb 20th for her to take to the executive committee

### Presentations

- **Andi West – TBRI**
  - Evidence based model used in treatment, healing, care of children from hard places
  - Very hands on model to help children heal
  - North Idaho Trauma Care Collaborative
    - Working to bring TBRI to NI
  - Seeing children having a different way of expected behavior at home, school, and after school care
  - Coping learning are wired differently in children from hard places
  - Expectation that putting kids in stable homes they would get better but they did not
  - Three prong model
    - Connection – feel safe – is foundation
    - Empowerment – seeing many physical components
    - Correction – learning vs. punishment
  - Model itself can be used in adults as well as children
  - Research shows large changes in 3 weeks
  - Show Hope, does simulcast in April and it’s, basically, 2 full days of TBRI training
    - Flyer will be distributed to the group with the days/times when available

- **Todd Hurt – State Hospital North**
  - Role of the hospital the safety net of the entire system
  - Trends seeing in the hospital
    - Recruiting doctors and nurses is very difficult
      - Have a new medical director
      - Full time doctor on campus
      - Working with telehealth out of Boise with 3 weeks and then 1 month in hospital
      - Down 20% of nursing force
      - Working to remove the CAP form the pay salaries to work on better pay to access and retain people
  - Still struggling with housing
  - Will come to review with the board every three months
  - Board is working to look for apartment for people to come out of hospital system

### New Board Member Recommendations

- Robin Hetzler - approved
- Melinda Leager - approved
- Opening for a Private Provider of Mental Health Service

### Sub-Committee Reports

- **Children’s Mental Health**
  - Had a presentation from the Rise and Reach program from YMCA of Spokane
    - They have been able to extend their services to Idaho and WA mentors will come to ID to do
    - Looking for mentors and for referrals to the programming
    - 16 weeks program
    - Target population is 8-15
    - Lynn will provide the information to Jennifer Ugolini for distribution to the board
• Looking for parents of SED for the sub-committee to broaden the planning for Children’s Mental Health Awareness Week May 12th
  - Poster contest again with theme of My Voice Matters
• YES – referrals from the accessor are beginning to come in
  - Families are learning the cost sharing component for 185-300% which is in legislations right now

Legislation
• Dual Waiver for Healthcare access for specific group is in legislation right now, after going through DHW committee today
• House Bill 410 for legalizing CBD oil (cannabis oil w/out THC)
  - Currently legal in ID with the low concentration – less than .3 THC but in legislation due to looking to have from WA which has a much higher TCH concentration
• Petition being sent around to put expansion of Medicaid on the ballot, before the people, as it will not be going before the legislation again
• Bill being generated to help in graduate medical education

Recovery Center
• CRICA Bill currently being rewritten to help fund the Recovery Center with a tax on the opioid to the pharmacy and funds will be distributed to the Behavioral Health Boards
• 100 classes a month planned – can see the calendar at the website

Veterans
• Will meet about multiple grants in the next week to help in establishing a veterans grant
• When working to help to get veterans in house treatment finding 40% are not qualifying for the income requirements

Data/Education outreach
• Not at this time

Housing
• Courts with problem solving – ID will be going paperless
  - The funding will no longer be there to work with things such as incentives as they will be paid to restoration first
  - Needing seed money for these things
  - Supplying MRT books - $25 office supplies incentives, training, meals
• Harmony House for the HART Houses
  - Been approved for the HART
  - They have to form their own mental health agency with their own clinician and currently working on to set up
  - Looking toward 6 months
• Point in Time in Survey has been conducted this last week
  - Stronger more organized effort this year to get a more realistic count
  - Has been much more extensive
  - Benewah county, on the reservation, rejected the survey
  - There have been some openings in the men’s shelter which is rare
• Trinity group homes will be starting the new position the board is funding in the next week
  - 55% of residents are working, full time students, or volunteering
• Mental Health Court working with Eric Cortina to house the men and women out of mental health court
  - Now up and fully running
  - Men’s and Woman’s is full

Crisis Center
### Meeting Review
- **SPAN Meeting Review**
  - Looking for assistance in the firearms safety material at the gun show
    - Will be at the March, June, and December shows needing volunteers
  - Provide information and requesting 2 people at each show
  - Anticipates 600 participates for the Suicide Walk and looking for members for the sub-committee – contact Jennifer Ugolini for information

### CIT
- Last academy in November
- Kootenai will be doing another training this year
- Bonner will most likely not have another training for a year
- Have a meeting with Post Falls Chief

### Other
- Request from Shoshone County Commissioners requesting how they can help the board
  - Reminder we cannot lobby for changes, but we are able to educate
- SHIP group will be looking to integrate behavioral health network
  - March 16th
  - Looking for people to speak on Opioid and chronic pain, telepsychiatry, and such
- OPTUM Region 1 had a meet and greet for Region 1 talking about behavioral health in tele medicine
- OPTUM will be launching new platform to set up prescribers and set up appointments for telehealth to help set up telehealth
- Susan Hendrickson’s needing a driver for the vets coming from Shoshone to the vets center

### Motion to Adjourn
- 1st: Linda Johann
- 2nd: Michele Basile
- Motion passed

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**Next Meeting:** March 7, 2018 2-4 PM – Kootenai Health Classroom 2

### MISSION & VISION

“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”

“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”