**REGION I**

**Behavioral Health Board**

**March 7, 2018 2:00-4:00 PM**

Kootenai Health– Classroom 2  
Coeur d’Alene, Idaho

### ATTENDANCE:

| ☐  | Amy Fine – exc.          | ☒  | Greg Willey               | ☒  | Melinda Leager           |
| ☒  | Angela Reynolds          | ☐  | Holly Bonwell – exc.      | ☒  | Michelle Basile          |
| ☒  | Daryl Wheeler            | ☒  | Katie Schmeer             | ☐  | Robin Hetzier            |
| ☐  | Gini Woodward – exc.     | ☒  | Linda Johann              | ☐  | Tanya Braskich           |
| ☒  | Glen Bailey              | ☐  | Lynn Thompson             | ☐  |                         |

### GUESTS:

<table>
<thead>
<tr>
<th>Don Duffy</th>
<th>PHD</th>
<th>Nancy Irving</th>
<th>BPA</th>
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<tbody>
<tr>
<td>Amy Hirtle</td>
<td>PHD</td>
<td>Carol Johnson</td>
<td>NW Hospital Alliance</td>
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<td>Kasey Nixon</td>
<td>Crisis Center</td>
<td>Lindsay Lartz</td>
<td>Ambitions of Idaho</td>
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<td>Clark Richman</td>
<td>Trinity Homes</td>
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<td>Leah Moller</td>
<td>DHW- YES</td>
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### MINUTES:

**Call to Order**

- Ron Beecher – Chair
- Roll Call – Jennifer Ugolini
- Introduction of Guests

**Consent Agenda**

- February 7, 2018 Minutes
- Financials
- No Quorum for the group, will add to the April Board Agenda
  - 1st:
  - 2nd:
  - *Motion Passed*
- Jennifer to review, at end of Quarterly meetings, the updates on what has been spent and funds we have

**DHW Updates**

- ICADD 2018 open for registration March 1st
  - Pre- conference workshop May 21st and general conference May 22-24th
- Complaint line for the DBH Children’s Mental Health 855-643-7233
- Still in a spending limitation SUD population
- March 2018 for Region 1 with Kaniksu Health for serving Felony Parole and probation population
- HART still working with Harmony House in NI
- Mental Health Awareness week
- Submitted by March 31st
- Still looking to have another nomination
  - Please notify Jennifer Ugolini of anyone you’d like to nominate and why by EOD March 19th

**Presenting**

- Monica Forbes
  - Community Reinforcement and Family Training April 30 and May 1st-2nd (1/2 day on 2nd)
    - CRAFT, for short
  - Robert Meyers with U of NM presenting
  - Toolkit for clinicians to work effectively with individuals with a family member with SUD
  - Jennifer Ugolini will email out the flyer handed out and link to more information
  - 60% of the support is through family members
  - Is there any cost associated?
    - There is only 40 people
    - Typically, 400 per person including lunches on 2 days and material
    - Working towards scholarships and have some for recovery center staffs that are looking to attend
  - If there are any CEUs?
    - Bachelors or lower will receive 15 CEU’s
  - Is there interest in sponsoring some people with the board?
    - Discussion regarding if we should look to send our SUD family members on the board as well
    - OPTUM will be discussing next week regarding if they will be supplying funds for Kootenai Recovery Center

- Don Duffy
  - SPAN Suicide Prevention Walk –
    - 2016 had 25 people
    - 2017 412 people
    - 2018 on Sept 22nd, at Riverstone, and looking to have 625 people
    - Will be allowing booths regrading mental health
    - Looking for corporate sponsors
      - Will be sending out letters in the next couple weeks
      - OPTUM will be looking to sponsor again as well
    - Needing volunteers and meeting 3rd Wed of the month at 4:30
    - Generated $4000 last year

- Opioid Crisis
  - Large Community Concern in top 5 of the CHA
  - PHD will be hosting an Opioid Prescription Summit
  - All day event
  - To review the degree in problem, programs to deal with it, afternoon will be brainstorm with draft proposal or the support for a proposal already there to try and determine a solution
  - Please notify Don Duffy or Jennifer Ugolini know if you’d like to participate
### Executive Committee Positions

- Ron Beecher will be resigning the end of May
- May we will be voting on the executive committee
- Will need a Chair, Vice Chair, and SUD provider

### Sub-Committee Reports

- **Children’s Mental Health**
  - Working on Family Fun fair in May
- **Legislation**
  - Cannabinoid bill passed the House and is in Senate
    - Has been held in the Senate committee at this time
  - Dual Waiver was sent back to committee
    - Will know more after Friday
- **Recovery Center**
  - Tax on Opioid Prescription was not passed
  - No further funding until 2019 from legislation
  - 820 check ins with an average 35 a day
  - Over 100 classes a month
  - IROC grant believed will be available next year
  - Working on Grant on multiple levels
    - Seeking local support this year
    - Received $7,500 from the counties and is seeking to double that
  - Fundraiser on May 17th
    - Looking for table sponsors and financial support
  - Requesting a letter of support from the board
- **Veterans**
  - Is working with VA regarding getting Veterans transported to the Walla Walla facility for treatment
  - Stand-down is May 12th
- **Data/Education outreach**
- **Housing**
  - Not at this time
- **Crisis Center**
  - People needing for help with Substance abuse with no access to care
  - Struggling to find SUD subscribers and care
  - Funded through the next two years
  - Looking to expand what they are doing to access rural areas
  - State agreed to fund 3 more crisis centers
    - Lewiston will each put a couple beds into each of their rural hospitals vs. a center as the other regions
- **Suicide Prevention Committee**
  - Not at this time
- **CIT**
  - Not at this time

### Other

- **SHIP**
  - Review of the IIBHN and their conference
- **Carol with NW Alliance of Hospitals**
  - BH is hot topic of the hospitals
  - **Opioids**
    - Use of the Idaho Prescription monitoring, only shows Idaho
• Kootenai has gone to using the EDDE system to help in the effort to stop the shopping
  ▪ Will allow for cross state lines with Washington
    ▪ NIC offers Mental First aid program and they will be hosting in the communities with the hospitals so anyone can attend the classes, 8 hours
    ▪ Dates to follow
  ▪ Working with the simulation network on doing observational simulation regarding the top 5 diagnosis the community (EMS, Police, etc.) and clinical might come across in BH situations and how-to de-escalations
    ▪ Looking Oct or November dates
• March 13th CHA assessment will be reviewed and will begin talking about the health improvement plan
• Ambitions of Idaho – Lindsey – Behavioral Health agency and do developmental disabilities
  ▪ Offer counseling for individuals and groups
  ▪ SUD services
  ▪ Working to offer prescriptions this week

Motion to Adjourn
• Meeting closed

Next Meeting: April 4, 2018 2-4 PM – Kootenai Health Classroom 2

MISSION & VISION

“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”

“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”