REGION I

Behavioral Health Board

May 2, 2018 2:00-4:00 PM

Kootenai Health – Classroom 2
Coeur d’Alene, Idaho

ATTENDANCE:

☐ Amy Fine – exc. ☒ Greg Willey ☒ Marilyn Miller
☐ Angela Reynolds ☒ Holly Bonwell ☒ Melinda Leager
☒ Carisa McAlister ☐ Joy Fryman ☒ Michelle Basile
☒ Claudia Miewald ☐ Joyce Broadswod (Ad-Hoc) - exc. ☐ Robin Hetlzer
☒ Daryl Wheeler ☒ Katie Schmeer ☒ Ron Beecher
☒ Gini Woodward ☒ Linda Johann ☒ Jennifer Ugolini (AA)
☒ Glen Bailey ☒ Lynn Thompson ☐

GUESTS:

Michelle Basile OPTUM Nancy Irving BPA
Lindsey Lartz Ambitions Kasey Nixon Crisis Center
Theodore Health PAC committee Clark Richman Trinity Homes
Mike Wraith DHW Crystal Campbell DHW- Boise

MINUTES:

Call to Order
• Ron Beecher – Chair
• Roll Call – Jennifer Ugolini
• Introduction of Guests

Consent Agenda
• April 4, 2018 Minutes
• Financials
  o 1st: Glen Bailey
  o 2nd: Linda Johann
  o Motion Passed

Presenting
• DHW PAC team
  o Hosting mental health month event – So Long Stigma
  o May 30th
  o Kootenai Health Ponderosa Room
  o Seminar Discussing Hope and Resilience to Celebrate Mental Health Awareness Month
  o 10am-12pm

• PAC
  o Every region has a PAC
  o Looking toward better resources for the region
  o Contains both people working in the field and people who are in recovery
  o Panhandle PAC looks to do community events for education
| **DHW Updates** | • Review with Crystal Campbell  
• Clark Richman has won the state award for Mental Health Awareness |
| **Quarterly Financial Review – Jennifer Ugolini** | • Reviewed  
• Reminder funds need to be spent by Sept 30, 2018 and if funding not spent then a very specific plan will be needed to keep the funds Oct-Dec. |
| **Prevention Specialist & ODP Grant – Ron Beecher** | • 4-year grant  
• Be thinking on what we will want to be doing to start a program should the grant award be received |
| **Executive Committee Elections** | • Ron Beecher – Chair will be leaving the board at the end of May  
• Angela Reynolds – SUD Advocate will be leaving the executive committee  
• Chair position nominations – Claudia Miewald approved  
  o 1st: Ron Beecher  
  o 2nd: Glen Bailey  
  o Passed  
• SUD Advocate position nominations – Katie Schmeer approved  
  o 1st: Ron Beecher  
  o 2nd: Linda Johann  
  o Passed  
• Co-Chair position nominations – delay until our next meeting in June |
| **Board Position** | • Mental Health Advocate  
• Private Provider of Mental Health Services  
  o Harmony will be a Hart Homes and will be having their own private provider  
    ▪ Jennifer Christianson  
    ▪ Jennifer Ugolini will reach out to her  
    ▪ Melinda Leager have her phone number |
| **Sub-Committee Reports** | • Children’s Mental Health  
  o Looking for ways to help in getting parents involved  
• Legislation  
  o Not at this time  
• Recovery Center  
  o Visited the Recovery Café in Spokane, which is similar to what the Kootenai Recovery Center does  
  o Check ins are holding steady  
  o Started a co-ed recovery softball team  
  o Adopted a HW on I-90  
  o Will be doing an event for Recovery Month – Aug 31st  
  o Motorcycle ride going through Aug 31st and then through the full state  
• Veterans  
  o Working on Stand Down Event which is next weekend  
    ▪ Have Recovery Center, PAC, Crisis Center, and the Veterans Sub-Committee working together  
• Data/Education outreach  
  o Not at this time  
• Housing  
  o Attended the housing meeting for the State of Idaho  
  o Region 1 needs  
    ▪ Men’s emergency housing |
- Rising costs
- Discharge from Hospital North
- Education to public on Mental Illness for landlords not wanting to rent
  - All state needs
    - Lack of funding
    - Zoning issues
    - Lack of community resources
    - Waiting lists for public housing
  - Marilyn Miller will send Jennifer Ugolini information to forward to the board
  - Marilyn Miller will reach out to find out if there is any update on the tiny houses
- Crisis Center
  - April is the busiest month yet with 163 encounters
  - Number one presenting problem has been anxiety and depression in the past, first quarter of this year has been housing and shelter
  - First quarter was 315 new visits and 422 total visits
- Suicide Prevention Committee
  - SPAN is requesting $500 for their SPAN Walk in September on the 22nd
    - 1st: Daryl Wheeler
    - 2nd: Glen Bailey
    - Approved
  - Life Awareness event in at Timberlake resort/Rathdrum
    - June 2nd
- CIT
  - Two short courses of CIT this month for CDA PD
  - Will be looking to send an officer to the national CIT training
  - Chief of Police in Post Falls will be meeting next week about CIT
  - Working to have a State Coordinator position again in Region 1 and the state have agreed to have a centralized coordinator
- State Hospital North visit
  - Invite Todd Hurt to visit
  - Received update on construction on Unit 4 remodel
  - Community has taken on to restore the cemetery
  - Finding issues with the geriatric population is ending up in the hospital and they are not equipped to work with their physical needs
    - Looking for solutions
  - Jennifer Ugolini will send out the dashboard report
- Heritage Health is doing QPR training for the High schools
  - Look to have the QPR trainings for coordination with us
  - Need to have our trainings on a mailing for the QPR information
  - May 21st for next presentation for our trainers
- Angel Arms has some openings for placement
  - Benefit is Landlords won’t have to pay for repairs to the rental by the tenant as they are done by St. Vincent de Paul
We need to review the requirements for the preventions specialist to know up front what they will need to do – IBADCC website has the requirements

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<td>• 1st: Glen Bailey</td>
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<td>• 2nd: Linda Johann</td>
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<td>• Motion passed</td>
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Next Meeting: June 6, 2018 2-4 PM – Kootenai Health Classroom 2

**MISSION & VISION**

“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”

“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”