ANNUAL REPORT
2018

Panhandle Health District
Benewah | Bonner | Boundary | Shoshone | Kootenai
www.panhandlehealthdistrict.com
MESSAGE FROM DIRECTOR

Panhandle Health District is celebrating 47 years of providing public health services to the North Idaho Panhandle. We proudly offer over 40 services ranging from medical services to health education and environmental protection.

Financial Highlights
2018 proved to be another positive year for PHD. We were awarded $5 million in grants to support our programs and services. With our funds, we were able to expand our Home Visiting program to include a new Parents as Teachers program, serving 6 families within the first few months of operation.

Operating Highlights
New this year is our Diabetes Self-Management Education program, which will provide support to those in our community who have Type 1, Type 2 and Gestational diabetes. We have also taken a role in educating the public on suicide prevention and mental health services.

Our Mission: To PREVENT disease, disability, premature death; to PROMOTE healthy lifestyles; and to PROTECT the health and quality of the environment.

Looking Ahead
We are looking forward to continuing to work to understand the health needs of our communities and assure they are met.

Lora Whalen, Director
ACHIEVEMENTS & GOALS MET

PHD Programs & Services

- Family Planning Clinic Patients: 1988
- Individuals QPR Trained: 131
- Nurse Family Partnership clients: 131
- Tobacco Cessation Services Provided: 753
- Women’s Health Check Enrollments: 363
- Diseases Investigated: 1520
- Medical Reserve Corps Volunteers: 252
- Clinics SHIP Partnered With: 24
- Septic Permits Issued: 1143
- Food Establishment Inspections: 1456
- Childcare Facility Inspections: 217

- 2018
Funding Sources

The grants, contracts and fees that PHD receives make up 78% of the budget. Approximately 11% is provided from the State and our 5 northern counties contribute 10% of our budget. Panhandle Health District is one of seven health districts in the state of Idaho. In 1970, the Idaho Legislature recognized the value of a formal public health structure and what it would provide Idahoans. That year, the Legislature created the health districts to ensure that all Idaho citizens have access to local public health services. It is with the support from state, counties, fees, grants and contracts that PHD can serve our community.

In 2018, we worked closely with our communities to determine their specific health priorities and bring community-based solutions to those needs: Access, Mental Health and Substance Abuse.
HIGHLIGHTS FROM 2018

Staff Completed 10 Service Projects at All District Staff Meeting
PHD Staff participated in service projects that benefited all 5 northern counties. The projects included making “Ouch Pouches” for the homeless, Tubbs Hill cleanup, “spring-cleaning” the Union Gospel Mission, yard pickup for seniors, cleaning toys at head starts in Sandpoint, cleaning a cancer patient’s home in Bonners Ferry, yard remediation in Kellogg and spending time doing activities with nursing home patients in St. Maries.

Women’s Health
BreastFest saved local women $32,000 and provided 46 women with 69 procedures. We had 16 cancers diagnosed through WHC and our Komen program provided 28 women with a free mammogram.

Dental Health
10 Dental Clinics were held serving 43 children and 9 adults. 621 children were served during school-based dental sealant clinics and 843 children received fluoride varnish.

10th Annual Suicide Prevention & Awareness Walk
Over 800 people registered for the 5k walk in Riverstone Park.

North Idaho Opioid Solution Symposium
We hosted our first Opioid Solution Symposium with over 100 people registered.

Clinical Services & WIC
PHD clinics served a total of 7277 patients. WIC served 7097 clients and provided over $2 million in food vouchers.
LEADING CAUSES OF DEATH IN IDAHO

2016 CDC Report

CAUSES OF DEATH

Heart Disease
Cancer
Chronic Lower Respiratory Diseases
Flu/Pneumonia
Diabetes
Suicide
Alzheimer's
Accidents
Stoke
Chronic Liver Disease

PANHANDLE HEALTH DISTRICT
8500 N. Atlas Rd. Hayden, ID 83835
For more information visit
www.panhandlehealthdistrict.org
facebook.com/PanhandleHealth
twitter.com/phdidaho | pinterest.com/panhandled