Anyone can get tested for **COVID-19**

**BUT SHOULD THEY?**

### FACT:
80% of people who get COVID-19 will have mild to moderate disease and recover without needing special treatment.

### FACT:
A negative test result does not mean you will not get COVID-19. In early stages of infection, it is possible the virus will not be detected by the test.

### FACT:
A positive test for the virus that causes COVID-19 will not change your healthcare providers recommendations for medical treatment unless you are very sick and hospitalized.

### FACT:
The demand for testing by people who are not very sick is putting a strain on healthcare systems. Test materials and personal protective equipment are being used at a faster rate than normal because of the demand.

### FACT:
If healthcare systems are strained, they will not be able to provide the quality of care to which Americans are accustomed.

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**THE PEOPLE AT GREATEST NEED TO BE TESTED FOR THE VIRUS THAT CAUSES COVID-19 ARE:**

<table>
<thead>
<tr>
<th>People who have <strong>signs and symptoms</strong> of COVID-19 and are at <strong>higher risk for severe disease</strong> (adults over the age of 60 and people with chronic medical conditions [e.g., diabetes, heart disease, lung disease, kidney disease] or immunocompromising conditions.)</th>
<th>People who have <strong>signs and symptoms</strong> of COVID-19 and are <strong>healthcare workers</strong>.</th>
</tr>
</thead>
<tbody>
<tr>
<td>This is important for the hospital’s management of the patient to protect others.</td>
<td>This is important to protect people who are hospitalized and those who are at higher risk of severe disease.</td>
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</tbody>
</table>

If you aren’t in the group above and you think you might have COVID-19, the best thing you can do is to stay home for 7 days after your illness started AND your fever is gone AND your symptoms have improved for 72 hours. See [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html) for more steps you can take to help prevent the spread of COVID-19 if you are sick.