

# REGION I

# Behavioral Health Board

<b>May 2, 2018 2:00-4:00 PM</b>
Kootenai Health– Classroom 2
Coeur d’Alene, Idaho

ATTENDANCE:					
<input type="checkbox"/>	Amy Fine – exc.	<input checked="" type="checkbox"/>	Greg Willey	<input checked="" type="checkbox"/>	Marilyn Miller
<input type="checkbox"/>	Angela Reynolds	<input checked="" type="checkbox"/>	Holly Bonwell	<input checked="" type="checkbox"/>	Melinda Leager
<input checked="" type="checkbox"/>	Carisa McAlister	<input type="checkbox"/>	Joy Fryman	<input checked="" type="checkbox"/>	Michelle Basile
<input checked="" type="checkbox"/>	Claudia Miewald	<input type="checkbox"/>	Joyce Broadsword (Ad-Hoc)- exc.	<input type="checkbox"/>	Robin Hetzler
<input checked="" type="checkbox"/>	Daryl Wheeler	<input checked="" type="checkbox"/>	Katie Schmeer	<input checked="" type="checkbox"/>	Ron Beecher
<input type="checkbox"/>	Debbie Nadeau – exc.	<input type="checkbox"/>	Leanne Rousseau	<input type="checkbox"/>	Tanya Braskich – exc.
<input checked="" type="checkbox"/>	Gini Woodward	<input checked="" type="checkbox"/>	Linda Johann	<input checked="" type="checkbox"/>	Jennifer Ugolini (AA)
<input checked="" type="checkbox"/>	Glen Bailey	<input checked="" type="checkbox"/>	Lynn Thompson	<input type="checkbox"/>	

GUESTS:			
Michelle Basile	OPTUM	Nancy Irving	BPA
Lindsey Lartz	Ambitions	Kasey Nixon	Crisis Center
Theodore Health	PAC committee	Clark Richman	Trinity Homes
Mike Wraith	DHW	Crystal Campbell	DHW- Boise

MINUTES:	
<b>Call to Order</b>	<ul style="list-style-type: none"> <li>• Ron Beecher – Chair</li> <li>• Roll Call – Jennifer Ugolini</li> <li>• Introduction of Guests</li> </ul>
<b>Consent Agenda</b>	<ul style="list-style-type: none"> <li>• April 4, 2018 Minutes</li> <li>• Financials                             <ul style="list-style-type: none"> <li>○ 1<sup>st</sup>: Glen Bailey</li> <li>○ 2<sup>nd</sup>: Linda Johann</li> <li>○ <i>Motion Passed</i></li> </ul> </li> </ul>
<b>Presenting</b>	<ul style="list-style-type: none"> <li>• DHW PAC team                             <ul style="list-style-type: none"> <li>○ Hosting mental health month event – So Long Stigma</li> <li>○ May 30<sup>th</sup></li> <li>○ Kootenai Health Ponderosa Room</li> <li>○ Seminar Discussing Hope and Resilience to Celebrate Mental Health Awareness Month</li> <li>○ 10am-12pm</li> </ul> </li> <li>• PAC                             <ul style="list-style-type: none"> <li>○ Every region has a PAC</li> <li>○ Looking toward better resources for the region</li> <li>○ Contains both people working in the field and people who are in recovery</li> <li>○ Panhandle PAC looks to do community events for education</li> </ul> </li> </ul>

<b>DHW Updates</b>	<ul style="list-style-type: none"> <li>• Review with Crystal Campbell</li> <li>• Clark Richman has won the state award for Mental Health Awareness</li> </ul>
<b>Quarterly Financial Review – Jennifer Ugolini</b>	<ul style="list-style-type: none"> <li>• Reviewed</li> <li>• Reminder funds need to be spent by Sept 30, 2018 and if funding not spent then a very specific plan will be needed to keep the funds Oct-Dec.</li> </ul>
<b>Prevention Specialist &amp; ODP Grant – Ron Beecher</b>	<ul style="list-style-type: none"> <li>• 4-year grant</li> <li>• Be thinking on what we will want to be doing to start a program should the grant award be received</li> </ul>
<b>Executive Committee Elections</b>	<ul style="list-style-type: none"> <li>• Ron Beecher – Chair will be leaving the board at the end of May</li> <li>• Angela Reynolds – SUD Advocate will be leaving the executive committee</li> <li>• Chair position nominations – Claudia Miewald approved <ul style="list-style-type: none"> <li>○ 1<sup>st</sup>: Ron Beecher</li> <li>○ 2<sup>nd</sup>: Glen Bailey</li> <li>○ Passed</li> </ul> </li> <li>• SUD Advocate position nominations – Katie Schmeer approved <ul style="list-style-type: none"> <li>○ 1<sup>st</sup>: Ron Beecher</li> <li>○ 2<sup>nd</sup>: Linda Johann</li> <li>○ Passed</li> </ul> </li> <li>• Co-Chair position nominations – delay until our next meeting in June</li> </ul>
<b>Board Position</b>	<ul style="list-style-type: none"> <li>• Mental Health Advocate</li> <li>• Private Provider of Mental Health Services <ul style="list-style-type: none"> <li>○ Harmony will be a Hart Homes and will be having their own private provider <ul style="list-style-type: none"> <li>▪ Jennifer Christianson</li> <li>▪ Jennifer Ugolini will reach out to her</li> <li>▪ Melinda Leager have her phone number</li> </ul> </li> </ul> </li> </ul>
<b>Sub-Committee Reports</b>	<ul style="list-style-type: none"> <li>• Children’s Mental Health <ul style="list-style-type: none"> <li>○ Looking for ways to help in getting parents involved</li> </ul> </li> <li>• Legislation <ul style="list-style-type: none"> <li>○ Not at this time</li> </ul> </li> <li>• Recovery Center <ul style="list-style-type: none"> <li>○ Visited the Recovery Café in Spokane, which is similar to what the Kootenai Recovery Center does</li> <li>○ Check ins are holding steady</li> <li>○ Started a co-ed recovery softball team</li> <li>○ Adopted a HW on I-90</li> <li>○ Will be doing an event for Recovery Month – Aug 31st</li> <li>○ Motorcycle ride going through Aug 31st and then through the full state</li> </ul> </li> <li>• Veterans <ul style="list-style-type: none"> <li>○ Working on Stand Down Event which is next weekend <ul style="list-style-type: none"> <li>▪ Have Recovery Center, PAC, Crisis Center, and the Veterans Sub-Committee working together</li> </ul> </li> </ul> </li> <li>• Data/Education outreach <ul style="list-style-type: none"> <li>○ Not at this time</li> </ul> </li> <li>• Housing <ul style="list-style-type: none"> <li>○ Attended the housing meeting for the State of Idaho</li> <li>○ Region 1 needs <ul style="list-style-type: none"> <li>▪ Men’s emergency housing</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>▪ Rising costs</li> <li>▪ Discharge from Hospital North</li> <li>▪ Education to public on Mental Illness for landlords not wanting to rent</li> <li>○ All state needs <ul style="list-style-type: none"> <li>▪ Lack of funding</li> <li>▪ Zoning issues</li> <li>▪ Lack of community resources</li> <li>▪ Waiting lists for public housing</li> </ul> </li> <li>○ Marilyn Miller will send Jennifer Ugolini information to forward to the board</li> <li>○ Marilyn Miller will reach out to find out if there is any update on the tiny houses</li> <li>● Crisis Center <ul style="list-style-type: none"> <li>○ April is the busiest month yet with 163 encounters</li> <li>○ Number one presenting problem has been anxiety and depression in the past, first quarter of this year has been housing and shelter</li> <li>○ First quarter was 315 new visits and 422 total visits</li> </ul> </li> <li>● Suicide Prevention Committee <ul style="list-style-type: none"> <li>○ SPAN is requesting \$500 for their SPAN Walk in September on the 22nd <ul style="list-style-type: none"> <li>▪ 1st: Daryl Wheeler</li> <li>▪ 2nd: Glen Bailey</li> <li>▪ Approved</li> </ul> </li> <li>○ Life Awareness event in at Timberlake resort/Rathdrum <ul style="list-style-type: none"> <li>▪ June 2nd</li> </ul> </li> </ul> </li> <li>● CIT <ul style="list-style-type: none"> <li>○ Two short courses of CIT this month for CDA PD</li> <li>○ Will be looking to send an officer to the national CIT training</li> <li>○ Chief of Police in Post Falls will be meeting next week about CIT</li> <li>○ Working to have a State Coordinator position again in Region 1 and the state have agreed to have a centralized coordinator</li> </ul> </li> </ul>
<p><b>Other</b></p>	<ul style="list-style-type: none"> <li>● State Hospital North visit <ul style="list-style-type: none"> <li>○ Invite Todd Hurt to visit</li> <li>○ Received update on construction on Unit 4 remodel</li> <li>○ Community has taken on to restore the cemetery</li> <li>○ Finding issues with the geriatric population is ending up in the hospital and they are not equipped to work with their physical needs <ul style="list-style-type: none"> <li>▪ Looking for solutions</li> </ul> </li> <li>○ Jennifer Ugolini will send out the dashboard report</li> </ul> </li> <li>● Heritage Health is doing QPR training for the High schools <ul style="list-style-type: none"> <li>○ Look to have the QPR trainings for coordination with us</li> <li>○ Need to have our trainings on a mailing for the QPR information</li> <li>○ May 21<sup>st</sup> for next presentation for our trainers</li> </ul> </li> <li>● Angel Arms has some openings for placement <ul style="list-style-type: none"> <li>○ Benefit is Landlords won't have to pay for repairs to the rental by the tenant as they are done by St. Vincent de Paul</li> </ul> </li> </ul>

	<ul style="list-style-type: none"><li>• We need to review the requirements for the prevention specialist to know up front what they will need to do – IBADCC website has the requirements</li></ul>
<b>Motion to Adjourn</b>	<ul style="list-style-type: none"><li>• 1<sup>st</sup>: Glen Bailey</li><li>• 2<sup>nd</sup>: Linda Johann</li><li>• <i>Motion passed</i></li></ul>

**Next Meeting: June 6, 2018 2-4 PM – Kootenai Health Classroom 2**

**MISSION & VISION**

*“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”*

*“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”*