



# Region One Behavioral Health Board

<b>December 4, 2020 2:00-4:00 PM</b>
ZOOM – Tele meeting
Coeur d’Alene, Idaho

ATTENDANCE:					
<input type="checkbox"/>	Amy Fine (excused)	<input checked="" type="checkbox"/>	Jenifer Christenson	<input type="checkbox"/>	Michelle Basile
<input checked="" type="checkbox"/>	Amy Hirtle	<input checked="" type="checkbox"/>	Joy Fryman	<input checked="" type="checkbox"/>	Mike Wraith
<input checked="" type="checkbox"/>	Angela Reynolds	<input checked="" type="checkbox"/>	Joyce Broadsword (Ad-Hoc)	<input checked="" type="checkbox"/>	Jill Ainsworth (AA)
<input checked="" type="checkbox"/>	Claudia Miewald	<input checked="" type="checkbox"/>	Katie Schmeer	<input checked="" type="checkbox"/>	Lois Witten
<input checked="" type="checkbox"/>	Daryl Wheeler	<input checked="" type="checkbox"/>	Kasey Nixon	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	David Atkins	<input type="checkbox"/>	Leah Moeller	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	Debbie Nadeau	<input type="checkbox"/>	Linda Johan	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	Greg Willey	<input type="checkbox"/>	Marilyn Miller (excused)	<input type="checkbox"/>	
<input type="checkbox"/>					

GUESTS:	
Larry Riley, St. Vincent de Paul	Karen Kershaw, PHD
Zlata Myr	Andrew Taylor PHD
Elise Cuentas, Heritage Health	Wendy Stoneberg, Optum
Zach Badger, Optum	Kelsey Orlando, PHD
Donna Brundage St Vincent de Paul	Josh Kirby, PHD
Karen Kopf, Optum	Nancy Schmidt, Idaho Lives
Todd Hurt, Administrative Director of State hospital North	Aria Mangan, PHD

MINUTES:	
<b>Call to Order</b>	<ul style="list-style-type: none"> <li>Claudia Miewald Chair</li> <li>Roll Call – Jill Ainsworth</li> <li>Introduction of Guests</li> </ul>
<b>Financial Update</b>	<ul style="list-style-type: none"> <li>Finance update. \$28,549.00 Cash balance. PHD has not received the Idaho State University funding as of yet.</li> </ul>
<b>DHW Updates</b>	<p>Mike Wraith stated it has been quiet in regard to crisis calls. There have been more domestic calls at this point. Hospitalizations are on the rise, more DE’s. Continuing to reach out and work with subcommittees to change behavioral health statewide. Over 43 on wait list for hospital in a matter of 4 weeks. Still moving forward with Joint Commission Accreditation.</p> <p>Joyce asked for clarification of staffing; Todd replied that new staffing ratios were per the requirements of Joint Commission.</p> <p>Joyce Broadsword asked if they needed a Letter of support for JFAC.</p>

<p><b>Presentations</b></p>	<ul style="list-style-type: none"> <li>• <b>Elise Cuentas, Heritage Health, Program Manager</b> - She stated you do not have to be homeless to receive supplies; Elise stated clothing items and hygiene items are available to anyone. Lois asked where to go to donate; 109 E Harrison Avenue (1 block away from St. Vincent help center).</li> <li>• <b>Aria Mangan, Opioid and Substance Abuse Prevention Program, PHD</b> – Partner with all contracts to offer services to the community. Working on raising public awareness and provide resources to form campaigns. Working on training with first responders on Naloxone. Gather information on social determinates of health on housing, finances, etc . Will be having interviews with those that are in law enforcement . Amy Hirtle works with the lock your meds campaign; other campaigns include normalizing access to treatment.</li> </ul>
<p><b>Sub-Committee Reports</b></p>	<ul style="list-style-type: none"> <li>• Children’s Mental Health – Debbie Nadeau stated they did not meet this month, although her and Leah have been emailing Aria and Lois (Adult Behavioral Health) to combine subcommittees to do a social media campaign. Something along the lines of healthy mental health through the winter.</li> <li>• Adult Behavioral Health –Aria indicated that Debbie covered the status.</li> <li>• Housing – Greg stated Harmony House has completed building their 5<sup>th</sup> building and they are struggling to find staff to fill positions. Point in Time Survey is still going on. Looking for volunteers. He suggested interested folks contact Donna at St. Vincent’s DePaul to help for that survey. Jill read the letter drafted by Donna Brundage for the warming center challenge. Katie asked if this will be a press release type of thing or how will this be publicized. Larry suggested a photo op at the time of the check release. Joyce B stated that typically, the donation is completed as an invoice payment up to the grant amount so that it is tracked. Greg asked if the emails of the agencies can be on the letter. Donna said she will update the links and provide a new draft. Donna added that if donations are submitted through Avenues for Hope, link each donation amount is doubled up to \$2,500 per donation. St. Vincent launched their new website at <a href="http://StVincentdePaulnorthidaho.org">StVincentdePaulnorthidaho.org</a>. Katie reminded that the St. Vincent resource guide is out and is a valuable resource. Donna offered to send a PDF of the resource guide to anyone that might want it. Greg provided a warming center update stating the funding is on track so far. The cookbook fundraiser is still going on. Targeted goal was \$50,000; and they are on track. County Grant must be spent by the end of December; the money from the City must be spent by April 1<sup>st</sup>. That money is for those that are COVID impacted. Center has been open 18 days so far. The highest housing was 17. Three had to be housed at a hotel due to COVID. The warming center was struggling to find staff but have some in line. Gregg noted that there is quite a bit of funding available for housing due to COVID and individuals can visit the St. Vincent Help Center for that assistance.</li> </ul>

	<ul style="list-style-type: none"> <li>• PFS – Amy Hirtle gave an update on the Partnership for Success Grant. She is continuing to reach out to the faith-based organizations. She provided three highlights. The first was the completed – “Don’t Hang on to Meds” campaign. It was through digital marketing. Each month there were 100,000 impressions on their device. Click through rate was 1.7 % (slightly over 1000) per month. This month transitioning to lock your meds campaign. Some digital adds and some in the newspaper. Additionally, coasters will be released #2. Direct Service activities. There are three facilitators trained. One at PHD, and two in Marimn Health. Working on implementation on activities. First direct service activity next month. #3 Planning for partner for success for next year. Will meet 2x in Feb and March to plan and budget for submission to Office of Drug Policy . She will send an email out for a request of participation.</li> <li>• She requested help in completing the survey to gather current information on the Idaho youth. She would like to have as many school districts participate as possible. She requested any contact information that the members might have.</li> <li>• Joyce and Claudia requested to additional lock boxes when they are back in stock.</li> </ul>
<b>Roundtable</b>	<ul style="list-style-type: none"> <li>• Katie Schmeer, Chemical dependency unit has a significant wait list.</li> <li>• Sheriff Wheeler (Bonner County) echoed what Katie mentioned. Increase in drug arrests and drug sales. Suicide rate in Bonner County is increasing.</li> <li>• Kootenai Health ED is seeing an increase with mental health related incidents.</li> <li>• Angela offered that a GAIN is not required if a client has Medicaid if the client gets a CDA with the ASAM addendum included in it.</li> <li>• Kelsey Orlando – new video available for the “Don’t Hang on to Meds” campaign if anyone wants to share it. She also offered that if there is any interest in the programs for LEAD, recovery coach training, treatment services, please reach out to her.</li> <li>• Wendy Stoneberg, OPTUM. Working on holiday giving campaign. On 11/16 with collaboration with North 40 every child at Idaho Hill in Oldtown received a new pair of boots and socks.</li> </ul>
<b>Motion to Adjourn</b>	<ul style="list-style-type: none"> <li>• 1st: Sheriff Wheeler</li> <li>• 2nd: Angela</li> <li>• Motion passed</li> </ul>

**Next Meeting: January 6, 2021, 2-4 PM – ZOOM**

**MISSION & VISION**

*“The Mission of the Region 1 Behavioral Health Board is to advocate, educate, and ensure accessible care for those in need of Mental Health and Substance Use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.”*

*“Region 1 Behavioral Health Board envisions a healthy community through a collaborative integrated network that promotes and sustains hope and recovery for all.”*