



# Panhandle Health District

*Healthy People in Healthy Communities*

**Public Health**  
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**Panhandle Health District**

**FOR IMMEDIATE RELEASE**

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## **Panhandle Health District Welcomes Nurse Practitioner Katelin Arnold to PHD's Medical Clinic**

**NORTH IDAHO** – Panhandle Health District (PHD) welcomes a new nurse practitioner to the team. Katelin Arnold began her work with Panhandle in January 2021 and serves at the Hayden and Kellogg PHD clinic locations. Arnold started her career in nursing in adult long-term intensive care before working in a pediatric emergency department, and now joining the PHD team.

“We are very excited to have Katelin on the team,” said Kristina Gavin, PHD Clinical Services nurse manager. “We recognized that we have a need for additional primary care providers in Kellogg and Hayden. Bringing in another nurse practitioner, especially one with a variety of care experience, was necessary to meet that community need. We have appointments available and are accepting new patients at all of our clinic locations.”

Arnold will be assisting with the clinical services that PHD clinics offer. A few examples of those services include family planning, women’s health care, wellness exams, sports physicals, STD testing and treatment, and immunizations including flu shots.

“I’m originally from Twin Falls and I missed the people and the mountains of Idaho,” said Arnold. “I’m excited to join the team at PHD!”

Arnold received her degree of Doctor of Nursing Practice from the University of Michigan-Flint in 2019. When the COVID-19 pandemic struck, she decided to stay to assist in the pediatric emergency department.

“With COVID-19 starting, I felt driven to continue nursing in the emergency department during a scary, unprecedented time of US healthcare,” describes Arnold. “It was an honor to walk with children and families dealing with major illness and injury and start them on their path to healing.”

Clinics at PHD offer a variety of medical services for you and your family – with or without insurance. PHD is a Healthy Connections Provider, meaning Medicaid participants can choose to connect with a PHD clinic to coordinate their healthcare needs. PHD’s Clinical Services mission is to provide the care, education and the support you need to improve your whole

health. Experienced Nurse Practitioners diagnose and treat most conditions and ailments. They may also make referrals to other providers or specialists when necessary. To learn more, visit [www.panhandlehealthdistrict.org/clinical\\_services/](http://www.panhandlehealthdistrict.org/clinical_services/)

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**Panhandle Health District** provides over 40 different public health programs to families, individuals and organizations in northern Idaho. From food and drinking water safety to health education and disease control, public health services are critical to ensure our community is a safe and healthy place to live, work and play.

The PHD team is made up of nurses, nutritionists, environmental health specialists, health educators and many other dedicated professionals with a common goal to deliver vital public health services.

Panhandle Health District is one of seven health districts in the state of Idaho.