SPRING 2022
PANHANDLE HEALTH
HOME VISITING
Nurse-Family Partnership & Parents as Teachers
Panhandle Health District

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Spring
Spring, Spring
Goodbye snow
Now it’s time to watch the flowers grow
Spring, Spring
Buds on trees
Listen for the buzz of honeybees
by Nicolette Lennert
# Panhandle Health District Dental Care

**Care to smile about.**
Oral health is important to your overall health and well-being. Our dental hygienists at Panhandle Health District offer services to eligible children and pregnant women at school and community-based clinics, including: screening, fluoride varnish, dental sealants, referrals, and education.

Severe mouth, teeth and gum disease can affect a child’s growth and school performance. Research has shown a link to diabetes, heart and lung disease, stroke, respiratory illnesses, and pre-term, low-birth weight infants. Childhood dental disease sets the stage for a lifetime of poor oral health and puts a financial burden on the family. We’re here to change that.

**Dental Day Every 3rd Wednesday of the Month**
At our Hayden office, we offer dental appointments for children ages 0-17 and pregnant women. Appointments can be scheduled from 10:00am-7:00pm.

The dental hygienist provides an oral health assessment, fluoride varnish, home dental supplies and dental home referrals.

**Little to no cost for Dental Appointments for Children ages 0-17 and Pregnant Women**
During these appointments, the dental hygienist will provide an oral health assessment, teeth cleaning, fluoride varnish, and dental home referrals. This service is valued at $130. Keep in mind this is only a teeth cleaning. We accept uninsured, Idaho Smiles and Pregnancy Medicaid patients.

Reserve your appointment today by calling **(208) 415-5270**.

**Contact**
McKenna Mitchell  
Program Coordinator  
Email: mitchell@phdl.idaho.gov  
Phone: (208)415-5228  
Address: 8500 N. Atlas Rd. Hayden, ID 83835

For more info visit:  
[https://panhandlehealthdistrict.org/dental-care/](https://panhandlehealthdistrict.org/dental-care/)
PARENT RESOURCES

Local Library Events

- Bonner Library events
- Coeur d’Alene Library events
- Kellogg Library events
- Priest Lake Library events
- Spirit Lake Library events
- St Maries Library events
- Athol, Harrison, Hayden, Pinehurst, Post Falls, Rathdrum, Spirit Lake Library events

North Idaho Family Events/Classes

- [https://safestartnw.org/classes/](https://safestartnw.org/classes/)
- [https://www.kroccda.org/kroc-cda/events](https://www.kroccda.org/kroc-cda/events)
- [https://nifamily.com/calendar/](https://nifamily.com/calendar/)

THANK YOU!

We would like to send out a heartfelt thank you to the following supporters of Nurse-Family Partnership and Parents as Teachers:

- **Charity Reimagined** and their Christmas Year Round program that continues to help our clients in need.

- The Northwest Infant Survival & SIDS Alliance (**NISSA**) for the Sleep Sack donation.

- **Real Life Thrift Store** for providing a great community resource and making it accessible to the families served by our home visiting programs.
NEWS

NEW PARENTS COULD BE ELIGIBLE FOR $8,500 IN TAX CREDITS

Families with children born before December 31, 2021 are eligible for thousands of dollars in tax credits this year, with new parents eligible for up to $8,500 in federal credits. There is money available for families without any income and families without social security numbers too. Built for new parents, Let’s Get Set (https://www.letsgetset.co/) offers a tax-time tool that guides families new to filing or looking for extra support at tax-time. Clients can create an account to learn about credits they are eligible for and to match with free tax prep (so they can keep their full tax refund). Over 800 NFP families have been referred to date and are on track to receive $2.7M in tax credits!

NEW BABY CORNER

Kelsi
January 2022

Ella joins sisters Everleigh and Selah
February 2022

The Numbers
1/1/21 - 12/31/21

NFP
ENROLLMENTS
65
CLIENTS SERVED
130
VISITS MADE
1,250
CHILDREN SERVED
93
INFANTS BORN
38
GRADUATIONS
16

PAT
ENROLLMENTS
21
FAMILIES SERVED
51
VISITS MADE
324
CHILDREN SERVED
68
GROUP CONNECTIONS
12
Let's Celebrate

Kris Kono
RN/BSN, Program Manager

We are happy to introduce Kris as our new Program Manager. She has been a Nurse Home Visitor on this team for the last 4 years.

Kris pursued nursing as a second career at Lewis-Clark State College in Lewiston, Idaho. She graduated with her Bachelors of Science with the intent to obtain her Masters Degree in Public Health. Kris pulls her knowledge from her education and experience working in the hospital, as well as parenting two boys. Kris’ favorite things are spending time with family, her grandsons, and her feathered friends.

Contact
Kristine Kono, Program Manager
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Text: (208) 797-4484
Address: 8500 N. Atlas Rd. Hayden, ID 83835
UPCOMING EVENTS

Contact us if you are interested in any of these events

March is National Nutrition Month®

March 17 - St. Patrick's Day
March 24 - Safe Sleep 101

Go to eatright.org for more info and recipe ideas

April is National Child Abuse Prevention Month

April 12 - Safe Sleep 101/Car Seat Safety 101 (Zoom)
April 17 - Easter Sunday
April 20 - Child Safety 101 (Zoom)

Go to preventchildabuse.org for more info and resources

May is National Mental Health Awareness Month

May 8 - Mother’s Day
May 18 - Child Safety 101 (Zoom)
May 26 - Safe Sleep 101/Car Seat Safety 101 (Zoom)
May 30 - Memorial Day (Office Closed)

Idaho Suicide Prevention Hotline
1.800.273.TALK
Go to nami.org for more info and resources
Contact Us

Visit us at:
panhandlehealthdistrict.org/nurse-family-partnership/
&
panhandlehealthdistrict.org/parents-as-teachers/

Feel free to call us at (208) 415-5298 for more information or to schedule a presentation.

Public Health
Prevent. Promote. Protect.
Panhandle Health District

@NfpPatIdahoPHD1

@nfppatidahopanhandle

Hayden - Kootenai County
8500 N Atlas Rd
Hayden, ID
83835
208.415.5100

Sandpoint - Bonner County
2101 W Pine St
Sandpoint, ID
83864
208.263.5159

Kellogg - Shoshone County
35 Wildcat Way
Kellogg, ID
83837
208.786.7474

Bonners Ferry - Boundary County
7402 Caribou St
Bonners Ferry, ID
83805
208.267.5558

St. Maries - Benewah County
137 N 8th St
St. Maries, ID
83861
208.245.4556