A cute little snowman,
    Had a carrot nose.
Along came a rabbit,
And what do you suppose.
That cute little rabbit,
    Looking for his lunch.
Ate that snowman’s carrot nose,
    Nibble, nibble crunch!

- Author unknown
Winter Safety

*Adjust winter clothes for children’s needs. Dress babies and young children in one more layer of clothing than an adult would wear in the same conditions.

*Don’t forget winter accessories. Remember warm boots, gloves or mittens and a hat, which make a big difference in keeping young children and babies comfortable.

*Dress in layers. If you begin to sweat, remove layers as needed to stay dry. Wet clothes can cause your body to chill and can lead to hypothermia or frostbite.

*Keep exposure to the cold at a minimum. Babies and young children don’t have the same tolerance for cold that adults do. It’s important to limit time outside.

*Protect skin. Keep your skin from being exposed to harsh temperatures to avoid frostbite. Be especially careful with small areas such as hands, feet and ears. Wear sunscreen on exposed skin.

*Be aware of weather conditions. Consider going inside in the temperature drops below 0 degrees Fahrenheit.

*Use soap and water. Washing hands frequently will reduce the spread of germs.

*Cover sneezes or coughs into the bend of the elbow to help prevent spreading germs.

*Winterize your car. Have a winter car safety kit in your vehicle.

For more tips visit: Ready.gov
LET'S CELEBRATE

Welcome Tammy!

Tammy is a graduate from North Idaho College where she earned her A.A.S. Administrative Secretarial degree. Her experience and training has been in the fields of law, religion, and education. Her passion is assisting others with resources that can improve their lives. She is married to an Idaho native and they have two kids who love sports. She enjoys learning new things and spending quality time with family and friends.

NEW BABY CORNER

The Numbers
1/1/21 - 10/31/21

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CONGRATULATIONS

Aubrey, husband Justin, and 19 month old Anastasia are celebrating Aubrey for earning her GED! Aubrey is on her way to NIC to further her education. Way to go Aubrey!

NEW BABY CORNER

Asher S.
October 2021
In partnership with the Nurse-Family Partnership National Service Office, our Nurse Home Visitor, Wendy Williams, BSN, RN, CLC, recently had a call with Senator Mike Crapo, the Ranking Member of the Senate Finance Committee. Senator Crapo is in a key position to influence the Maternal, Infant, and Early Childhood Home Visiting (MIECHV) program that funds so much of the home visiting work in Idaho and the country.

During the call, Nurse Wendy shared how much her work as a Nurse Home Visitor stands out from all other efforts she has made in her nursing career. Wendy spoke in a genuine way about the huge impact that comes from each small step clients take in their lives with the help of their NFP Nurse Home Visitors. Senator Crapo enthusiastically voiced support for the work of NFP and the MIECHV program, promising to put his support behind reauthorizing the program as that comes due in the fall of 2022.
Parents as Teachers

PAT NEWS

Ballmer Group Awards Parents as Teachers National Center $2.775 Million Grant to Support Home Visiting Providers

This money will help Parents as Teachers National Center leverage technology to lead, innovate, learn, and evolve in how it supports families, the PAT network of parent educators and affiliates, and the broader home visiting field. PAT will receive the funding over the next three years.

PAT Parent Educators, Kaila and Becky, provide many group connection events throughout the year like this one in October

Pushing mama down the slide at the park

The Kinsel family at the PAT Halloween group connection

Christine and her son, Jonah, who is 14 months old
Upcoming Events

December
December 25 - Christmas Day (Office Closed)

January
January 1 - New Years Day (Office Closed)
January 4 - Nurturing Skills for Families (CDA)
January 6 - Safe Sleep 101/Car Seat Safety 101 (CDA)
January 13 @ 10am - Healthy Meals at Home (CDA)
January 17 - Martin Luther King Jr Day (Office Closed)
January 19 - Child Safety 101 (CDA)
January 29 - Ready! for Kindergarten (Sandpoint)

February
February 8 - Safe Sleep 101/Car Seat Safety 101 (CDA)
February 14 - Valentines Day
February 16 - Child Safety 101 (CDA)
February 21 - Presidents Day (Office Closed)

Contact us if you are interested in any of these events

Thank you!

We would like to send out a heartfelt thank you to the following supporters of Nurse-Family-Partnership and Parents as Teachers:

*Charity Reimagined and their Christmas Year Round program and Christmas for All with the Coeur d’Alene Press.

*The Northwest Infant Survival & SIDS Alliance (NISSA) for the Safe Start jumpbox donation.

*Connie Drager and Ruben Miranda for putting together Halloween goodie bags for our PAT kiddos.

*Peer support counselors of the Panhandle Health District WIC Program for providing breastfeeding support to our breastfeeding moms.
Feel free to call Cindi Richardson at (208) 415-5298 for more information or to schedule a presentation.