FALL 2022
PANHANDLE HEALTH
HOME VISITING
Nurse-Family Partnership & Parents as Teachers
Panhandle Health District

IN ALL Things GIVE Thanks

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Fall Bucket List

Create leaf art
Pick apples
Visit a pumpkin patch
Bake yummy pies
Drink hot apple cider
Play in the leaves
Decorate pumpkins
Take a nature walk
GIVE THANKS!
Program Spotlight

Northwest Infant Survival and SIDS Alliance/Safe Start/Healing Together

About NISSA
In 1961, 8 bereaved parents formed what would become the SIDS Foundation of Washington, later Northwest Infant Survival & SIDS Alliance (NISSA), as a way to reach out to the families affected by, what was known at the time as “crib death.”
In 2012, The SIDS Foundation of Washington became NISSA, continuing the mission set forth by the founders to find and support those who have lost infants. Also in 2012, Liz Montgomery, a bereaved mother, once supported by NISSA, formed Inland Northwest SIDS Foundation to provide support services and prevention education to Idaho and Eastern Washington.
In 2019, NISSA and Inland Northwest SIDS Foundation merged to form an updated and stronger NISSA. Serving the entire Northwest region, providing emotional support services to bereaved families and world-class, free prevention education and training to parents, caregivers and medical professionals.

About Safe Start
Safe Start was formed in 2019 to be the prevention education and training arm for NISSA. Safe Start offers safe infant sleep classes, car seat safety classes, new car seats, portable cribs, sleep sacks and more, to parents, grandparents, caregivers, and medical professionals. All of their educational classes and trainings are evidence-based and based on the latest up to date medical recommendations. Text (844) 619-2048 to schedule a car seat check appointment.

About Healing Together
In 2019, Healing Together was formed to be NISSA’s grief support. Healing Together provides support to those affected by an infant loss in the Northwest. If you, or someone you know, has suffered a pregnancy, infant or child loss, they can help.

Liz Montgomery is also a member of our NFP/PAT Community Action Board, and we are thankful for her support.

For more info visit:
NISSA - https://nwsids.org/
Safe Start - https://safestartnw.org/
Healing Together - https://wehealttogether.org/
Local Library Events
- Bonner Library events
- Coeur d'Alene Library events
- Kellogg Library events
- Priest Lake Library events
- Spirit Lake Library events
- St Maries Library events
- Athol, Harrison, Hayden, Pinehurst, Post Falls, and Rathdrum Library events

North Idaho Family Events/Classes
https://safestartnw.org/classes/
https://www.kroccda.org/kroc-cda/events
https://nifamily.com/calendar/

Thank you!

We would like to send out a heartfelt thank you to the following supporters of Nurse-Family Partnership and Parents as Teachers:

- Safe Start for helping us plan our upcoming car seat safety check event for our clients.

- Charity Reimagined and their Christmas Year Round program that continues to help our clients in need.

- Kootenai Clinic OB-GYN Midwives for their continuous referrals to both of our programs.
Lexie and Luna have graduated from NFP and have now enrolled in our PAT program.

**NURSE-FAMILY PARTNERSHIP**

**PARENTS AS TEACHERS**

**NFP/PAT Upcoming Event**

Event: Car Seat Safety Check  
Date: September 13, 2022  
Time: Must register for a time  
Location: Panhandle Health District parking lot

If you or someone you know would like to have a car seat in your vehicle checked for safety, please call us (208-415-5272).

The spaces for this event are currently full, but we are taking a waiting list for our next event.

**PAT GROUP CONNECTION**

Ariel and Sloane along with other Parents as Teachers clients participated in a Group Connection park event in July.

Lexie and Luna have graduated from NFP and have now enrolled in our PAT program.

Anton, Inez and Allison have graduated from NFP and have now enrolled in our PAT program.
Let's Celebrate

Karsyn Hanson

We are happy to introduce Karsyn as our new NFP/PAT Community Resource Coordinator.

Karsyn received her Bachelor’s of Science in Public Health with a focus on community health promotion from Central Washington University. Prior to coming to PHD she worked on the COVID response team for Spokane Regional Health District. She is passionate about helping people in the community access the services they need.

In her free time, she enjoys being outdoors with her husband and their two dogs.

Contact:
Karsyn Hanson
NFP/PAT Community Resource Coordinator
Email: khanson@phd1.idaho.gov
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Text: (208) 625-8171
Address: 8500 N. Atlas Rd. Hayden, ID 83835

We're Hiring!

Nurse Home Visitor
Nurse-Family Partnership
Monday-Friday Schedule
Incredible Benefits
$30/HR

Our program partners with first-time moms providing support, education, and guidance to improve pregnancy outcomes and baby development.

Join our amazing team!

Use this QR code to apply
September is
Suicide Prevention Awareness Month

September 5 - Labor Day (office closed)
September 10 - SPAN Break the Silence 5k Walk
September 13 - NFP/PAT Car Seat Check Event

Click here for more info and to register for the SPAN Walk

October is
Domestic Violence Awareness Month

October 10 - Indigenous Peoples' Day (office closed)
October 31 - Happy Halloween

Click here for more info and resources about domestic violence

November is
National Diabetes Prevention Month

November 8 - National Parents as Teachers Day
November 11 - Veterans Day (office closed)
November 24 - Thanksgiving Day (office closed)

Click here for more info and resources about diabetes prevention
Visit us at:
panhandlehealthdistrict.org/nurse-family-partnership/
&
panhandlehealthdistrict.org/parents-as-teachers/

Feel free to call us at (208) 415-5298 for more information or to schedule a presentation.

Hayden - Kootenai County
8500 N Atlas Rd
Hayden, ID 83835
208.415.5100

Sandpoint - Bonner County
2101 W Pine St
Sandpoint, ID 83864
208.263.5159

Kellogg - Shoshone County
35 Wildcat Way
Kellogg, ID 83837
208.786.7474

Bonners Ferry - Boundary County
7402 Caribou St
Bonners Ferry, ID 83805
208.267.5558

St. Maries - Benewah County
137 N 8th St
St. Maries, ID 83861
208.245.4556