

Panhandle Health District
137 N.8th St.
Saint Maries , ID 83861
208-245-4556

Benewah County Resource Guide

Crisis Agencies

Amend Center for men only 208-665-2432

Safe Passages Violence Protection /
Prevention Call 208-664-9303
Txt 208-449-7228

Child Protective Services 208-769-1515

St. Vincent De Paul 208-664-3095

Panhandle Health District Services

Family Planning Services (sliding fee scale)
208-245-4556

STD Appointments
208-245-4556

Immunizations
208-245-4556

Women's Health Check
Mammograms and Pap test for low income and
age appropriate women
208-245-4556

WIC 208-245-4556

Diabetes Prevention Program
208-415-5218

Diabetes Self Management
208-415-5129

Tobacco Cessation 208-415-5143

Parents as Teachers 208-415-5240

Nurse/Family Partnership 208-415-5240

PLAY (healthy lifestyle for kids 7-11)
208-415-5218

Health Services

Suicide Prevention [800-273-8255](tel:800-273-8255)

Poison Control [800-222-1222](tel:800-222-1222)

Idaho Care Line dial 211

Dental

Panhandle Health 208-415-5270

Marimn Health 800-325-7371

Medical Services

Benewah Com. Hosp. 208-245-5551

SM Family Medicine 208-245-2591

Marimn 800-325-7371

Kootenai Health 208-625-4000

NIAC HIV Testing 208-665-1448

Pediatrics

CDA Peds 208-667-0585

Lakeside Peds 208-292-5437

Women & Pregnancy Services

SM Family Medicine 208-245-2591

Health Care for Women 208-765-1455

Kootenai OB\GYN 208-625-4970

Birthright of CDA 800-550-4900

Open Arms 208-667-5433

Planned Parenthood 866-904-7721

Medication Assistance

Benewah Hospital 208-245-7620

RX Idaho dial 211

Reduced prescription pharmacies

Hayden Walmart 208-209-4081

Post Falls Walmart 208-777-4502

[Health Services Continued](#)

Assistance signing up for Medicaid/Medicare/ Health Insurance

Marimn 800-325-7371

[Mental Health Services](#)

[Crisis Line Adults](#) 888-769-1405

[Crisis Line Children](#) 888-769-1406

Marimn 800-325-7371

Heritage Health SM 208-245-4363

St. Maries Counseling 208-597-7639

Kootenai Behavioral Health

208-666-3890

Mental Health Services

208-769-1406

[Drug Treatment Services](#)

Heritage Health SM 208-245-4363

AA meets on T, TH ,and F @7:00

Presbyterian Church

1100 College Ave. 208-245-2686

Call to confirm schedule

Narcotics Anonymous meets Sat @7:00

At the Presbyterian Church

1100 College Ave 208-245-2686

Call to confirm schedule

Celebrate Recovery meets Fri @6:00

At the Lutheran Church

130 S. 10th 208-245-5420

Call to confirm schedule

Kootenai Behavioral Health 208-666-3890

Quit Now Tobacco Cessation 800-784-8669

Kootenai Recovery Community Center

208-932-8005

[Food and Meals](#)

SM Food Bank 208-245-9090

416 Main Ave. Saint Maries

CDA Food Bank 208-664-8757

Lutheran Church 2nd Harvest 208-245-5420

Senior Meal Site 208-245-3546

Little Free Pantry located at the Presbyterian Church

1100 College Ave. Saint Maries

Cash and Food Assistance

SNAP/TANF 877-456-1233

Commodities/Assistance signing up for SNAP available at

Marimn 800-325-7371

[Transportation](#)

City Link 877-941-7433

[Children's Resources](#)

Child Find Developmental Screening

Ages 3-21 208-245-2579

Infant/Toddler Program

Intervention for 0-36 mon. 208-769-1409

Headstart Preschool 208-245-6519

4-H/Extension office 208-245-2422

Childcare Resources Dial 211

Assistance with Childcare Expenses 877-456-1233

Mental Health Services 208-769-1406

Children's Developmental Disabilities Program

208-665-8975

Kootenai Behavioral Health 208-666-3890

Car Seat Check w/ a Safety Tech

Email rondi.martin@yahoo.com

[Other Resources](#)

Child Protection Reporting

855-552-5437

Rental Assistance 866-621-2994

Labor Department 208-245-2518

Marriage/Divorce/Birth Certificates

208-334-5980

Child Support Services 800-356-9868

Clothing/Thrift Items

SM Senior Center 208-245-3032

SM Nazarene Church 208-245-4594

Red Barn Thrift Store 208-245-2276

Local Support/Connection with other Moms

St. Maries Moms and Friends (Facebook group)